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After Bile Duct Cancer Treatment

Get information about life as a cancer survivor, next steps, and what you can do to help.

Living as a Bile Duct Cancer Survivor

For many people, cancer treatment often raises questions about next steps as a survivor.

- [Living as a Bile Duct Cancer Survivor](#)
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Living as a Bile Duct Cancer Survivor

For some people with bile duct cancer, treatment can remove or destroy the cancer.

- Ask your doctor for a survivorship care plan
 - Keeping health insurance and copies of your medical records
 - Can I lower my risk of bile duct cancer progressing or coming back?
- ████████████████████

ones you can use safely while avoiding those that might be harmful.

If the cancer comes back

If the cancer does recur at some point, your treatment options will depend on where the cancer is located, what treatments you've had before, and your overall health. For more information on how recurrent cancer is treated, see [Treatment Options Based on the Extent of Bile Duct Cancer](#)¹³.

For more general information, you may also want to see [Understanding Recurrence](#)¹⁴.

Getting emotional support

Some amount of feeling [depressed, anxious, or worried](#)¹⁵ is normal when cancer is a part of your life. Some people are affected more than others. But everyone can benefit from help and support from other people, whether friends and family, religious groups, support groups, professional counselors, or others. Learn more in [Life After Cancer](#)¹⁶.

Hyperlinks

1. www.cancer.org/cancer/diagnosis-staging/tests/imaging-tests/imaging-radiology-tests-for-cancer.html
2. www.cancer.org/cancer/types/bile-duct-cancer/treating/based-on-situation.html
3. www.cancer.org/cancer/survivorship/long-term-health-concerns/recurrence.html
4. www.cancer.org/cancer/survivorship/long-term-health-concerns/survivorship-care-plans.html
5. www.cancer.org/cancer/screening/american-cancer-society-guidelines-for-the-early-detection-of-cancer.html
6. www.cancer.org/cancer/risk-prevention/diet-physical-activity.html
7. www.cancer.org/cancer/survivorship/long-term-health-concerns/keeping-copies-of-important-medical-records.html
8. www.cancer.org/cancer/risk-prevention/tobacco.html
9. www.cancer.org/cancer/risk-prevention/diet-physical-activity/eat-healthy.html
10. www.cancer.org/cancer/risk-prevention/diet-physical-activity/get-active.html
11. www.cancer.org/cancer/risk-prevention/diet-physical-activity/take-control-your-weight.html

